

## **Minutes of the meeting held on the 5<sup>th</sup> July 2018**

**Present : David Sheppard (DJS) Nick Mallard Tony Reeves Michael Wing Chris Woolf Jocelyn Barnard Edna Caddick Carol Jay Julia Lucas Judith Markes Sheila Mullins**

**Apologies : Mark Thompson Jackie Le Brocq Liz Price Jacqui Smith Liz Webb**

DJS introduced Lily Hammerlund-Sim from CCG who advised the group that she is an Australian who came to the UK twelve years ago and has experience as a Community Pharmacist and a hospital Pharmacist, and now works for the CCG. Part of her role is to advise GP's on the best value for money and the best outcome for patients. There is a focus now on thirty five minor conditions which could go away with some self care after help from a GP, Pharmacist, Podiatrist or dentist. Rosedean has spent £87000 on hay fever and allergy treatments and related GP time. £10617 was spent on travel sickness medication.

New medication is usually very expensive as are new treatments. Waste is a major issue and costs the NHS a huge amount of money.

The NHS is moving towards paperless prescriptions with repeat prescriptions being done automatically. There are sixty two practices in Cornwall and last year they spent £98 million on medication, Rosedean spent over £1 million. Paracetamol can be bought for as little as 16p for sixteen but last year in Cornwall cost the NHS £1.4 million, posters in surgeries advising patients of this has reduced the cost to £700,000.

A group has been set up consisting of a consultant micro-biologist, doctors, nurses, dentists and someone from Public Health to try and increase awareness of what anti-biotics can and can't do. Hospital prescriptions can only be dispensed by the hospital or Lloyds pharmacy.

DJS thanked Lily for her talk on such a complex issue.

**The minutes from the meeting on 19<sup>th</sup> April 2018 :**

These were agreed as true record.

### **Matters Arising :**

Peter Stokes retires in August and Caroline Andrews is to replace him. DJS is now a Director of Kernow Health as the local representative of East Cornwall.

The proposed date that patients should have access to GP-led services from 8am to 8pm seven days a week has been changed from April 2019 to October 2018, with the shortage of G. P.'s the practices in East Cornwall have told Kernow Health that they cannot deliver this.

Five practices within East Cornwall recently tried to recruit a GP with no success. Kernow Health are likely to operate the extended access service in conjunction with practices.

e.Consult Rosedean has the second highest uptake in Cornwall, the highest uptake is at a practice who have made it mandatory. A member of the group had used the service and Dawn (practice IT manager) will speak to her about the experience.

Acute Care Hub This is now working well, although it has not been an easy time for the practice with some long term staff sickness and continued high demand from patients. The issue of Food Bank vouchers by the surgery has doubled in the past year Two new members of staff have been recruited for the reception team. DJS thanked those members of the group who had helped with directing patients to the Hub.

Kernow Health East is to recruit a pharmacist to work with practices to deal with queries to release GP time.

**Umbrella Group Update :**

Sheila reported that Neil Parsons East Cornwall Strategic Manager had spoken at the last meeting and had asked for an update on PPG's, Sheila explained how our PPG works and said that we were happy with the way it works with all parties working together for the benefit of everyone. Some PPG's seem to be totally divorced from their practice. DJS thanked Sheila for attending the meeting and reporting back.

**Care Quality Commission :**

Rosedean had an Inspection on the 6<sup>th</sup> June, the practice was given two weeks notice during which time there was a huge amount of preparatory paperwork to be completed. There were two inspectors, one of whom was a GP. DJS has regular contact with lead inspector, the comments on the comments cards were very positive as were the comments on the staff questionnaires. The ratings are Outstanding, Good, Requires Improvement and Inadequate. No areas required improvement, the draft report has been produced and the final one will be produced shortly together with the rating.

**Building Security :**

On the 7<sup>th</sup> June the surgery was broken into, they tried to get into the dispensary but failed and did leave some DNA behind. The practice is looking at a CCTV system including a monitoring system which is more expensive.

**Medical Manpower :**

Dr Emily Davis will be working four days a week for twelve months from August.

**AOB :**

John Palmer has now left the practice.

Discussions regarding the empty building next to Rosedean are ongoing.

Kernow Health are providing a facility for an APP delivery point for companies to test APP's.

Telehealth is being brought back on the 1<sup>st</sup> September and will be known as Digital Health.

DJS welcomed Chris Woolf to the group, Chris in e mails to DJS made some suggestions as to how communication could be improved and DJS will use Chris to check how user friendly the communications from the practice are.

**Provisional Date of next meeting : Thursday 13<sup>th</sup> September 2018 @ 18.30**